

Dear Parent,

The NCERT is organising an Online Quiz Competition on Yoga for Grade VI-X. The proposed quiz will be organised on My Gov ( <https://mygov.in/> ); and on DIKSHA ( <https://diksha.gov.in/> ) platforms. The Quiz will be open for one month starting on June 21 and will close on July 20 midnight 2021. The guideline link in regard to proposed quiz have also been attached herewith.



**Guideline to participate in the quiz:**

1. click on mygov or diksha link to participate in the event.
2. For logging into the Quiz, the participants have to sign up and create their account.
3. The quiz questions are prepared in both Hindi and English.
4. Each question in the quiz will be in the multiple choice format with only one correct answer.
5. Each Quiz item carries 1 mark. Students are required to attempt as many questions in 20 minutes.
6. You are allowed to attempt the quiz only once and only one option will be accepted for a question.
7. However, you may revise the answers using back/next button before final submission within 20 minutes' duration.
8. After responding to a question, click on the "Next Question", button to go to the next question
9. No negative mark will be done.
10. After attempting questions, final submission should be clicked. No change can be made after final submission.
11. After submission, download the certificate and forward to the respective class teacher's.

Kindly motivate your ward to participate in the quiz competition.

Principal