

Scholastic and co-scholastic report for the month of September 2021

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Pre-primary

Olympics

The Olympics is a **great opportunity to help kids become interested in learning about others and their cultures**. ... Using this as an opportunity to talk to our children we took our children to virtual field trip .

It's fun for kids to see how many different options there are in the world of physical activity. Additionally, kids can see new cultures, countries, and traditions by watching the Olympics.

The Olympics are so much more than just entertainment. We think there are valuable life lessons that kids can learn from watching these incredible events. Here are just a few of those life lessons.

Never Give Up

These athletes give everything to the sport they compete in. They train day in and day out for most of their lives. They don't stop when they are tired or switch sports when their friends do. They are committed to their sport and they work to improve themselves daily. Kids were taught not to give up

Introduction to New Sports

Some of our kids never heard of sports such as badminton, rowing, or hand ball. Kids had fun to see how many different options there are in the world of physical activity.

We Can't Always Win – Be Sportive

Not every athlete who competes in the Olympics will go home with a gold medal. And many athletes will leave without any medal at all. Sometimes we give it our best effort, and we still go home without a tangible trophy.

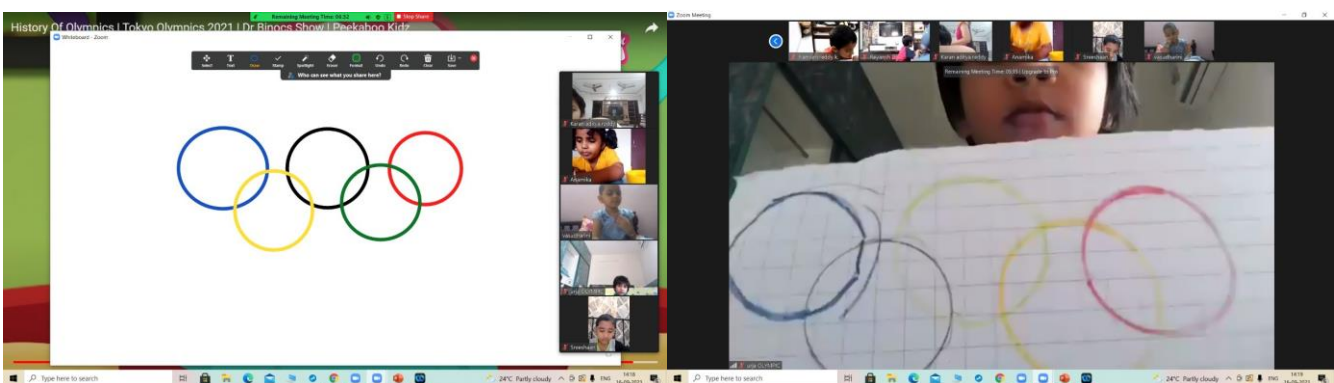
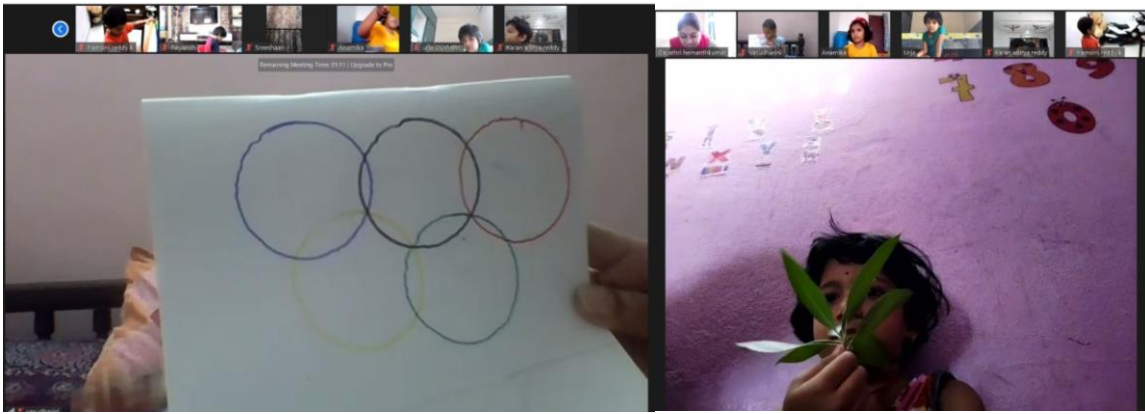
Teaching our kids that not everyone can win is an important life lesson.

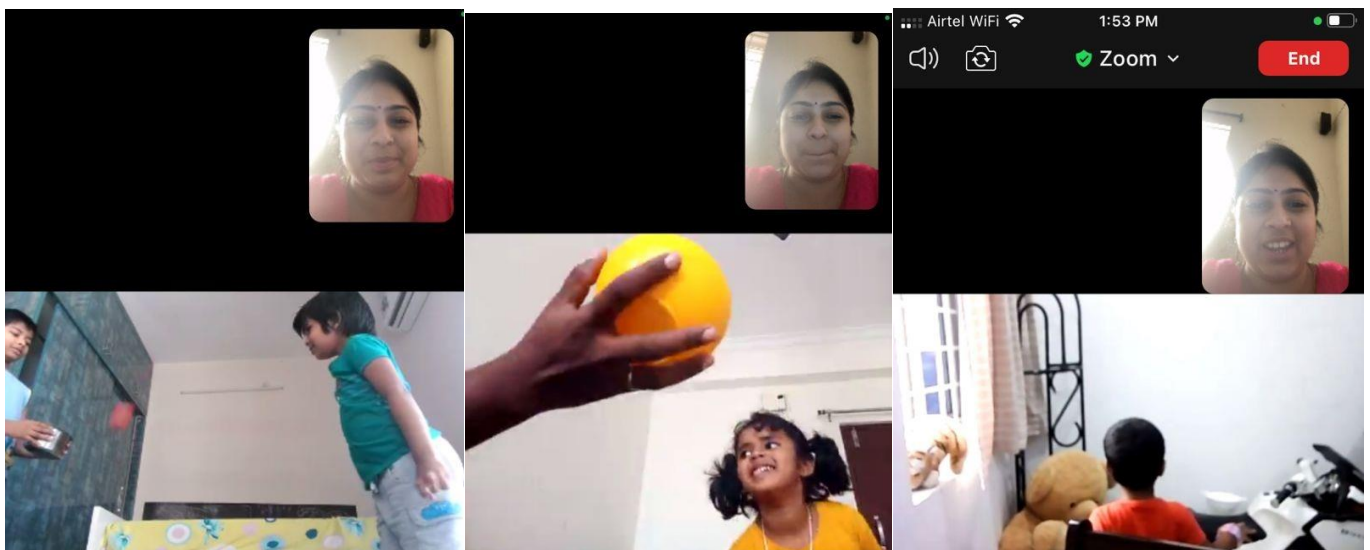
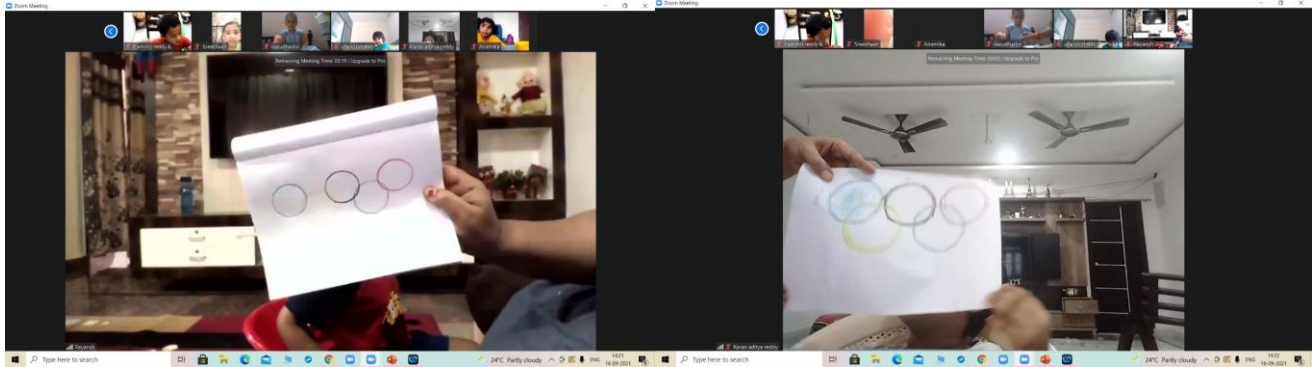
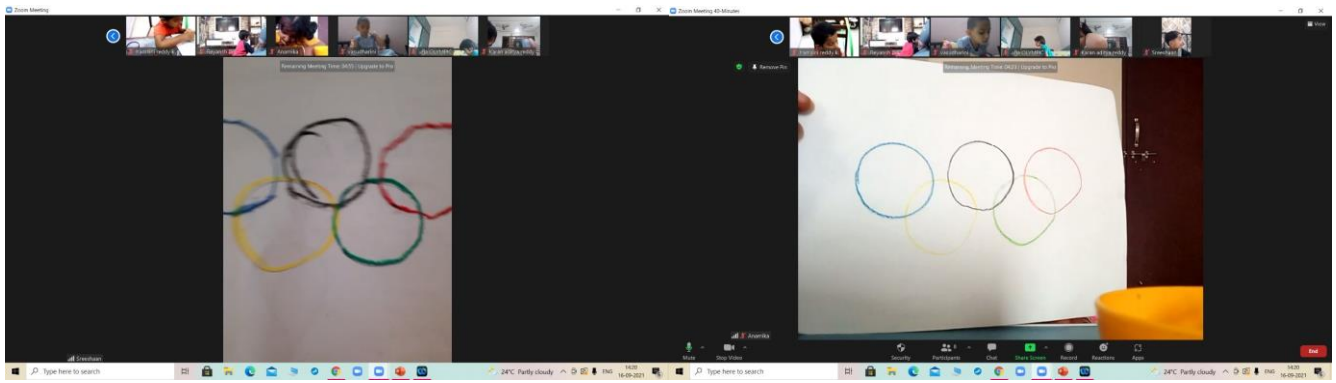
Children were shown PPT and You tube video in order to make them understand and learn more about History and motto of Olympics.

Children were excited to share their interests and achievements in sports. Finally we did a drawing activity of Olympics symbol.









Red Day

Can we imagine the world without colours? Not at all! Nature itself has many colours, which makes the world look beautiful. Colours are indeed the smiles of nature. With this objective the students of PP1 and PP2 celebrated “Red Day” on 9th September, 2021 virtually, to introduce children into the mesmerizing realm of colours. The shades of red made our tiny tots feel bright, lively and cheerful.

“The colour of love and smiles illuminates the air with energy, vigour and exuberance....”

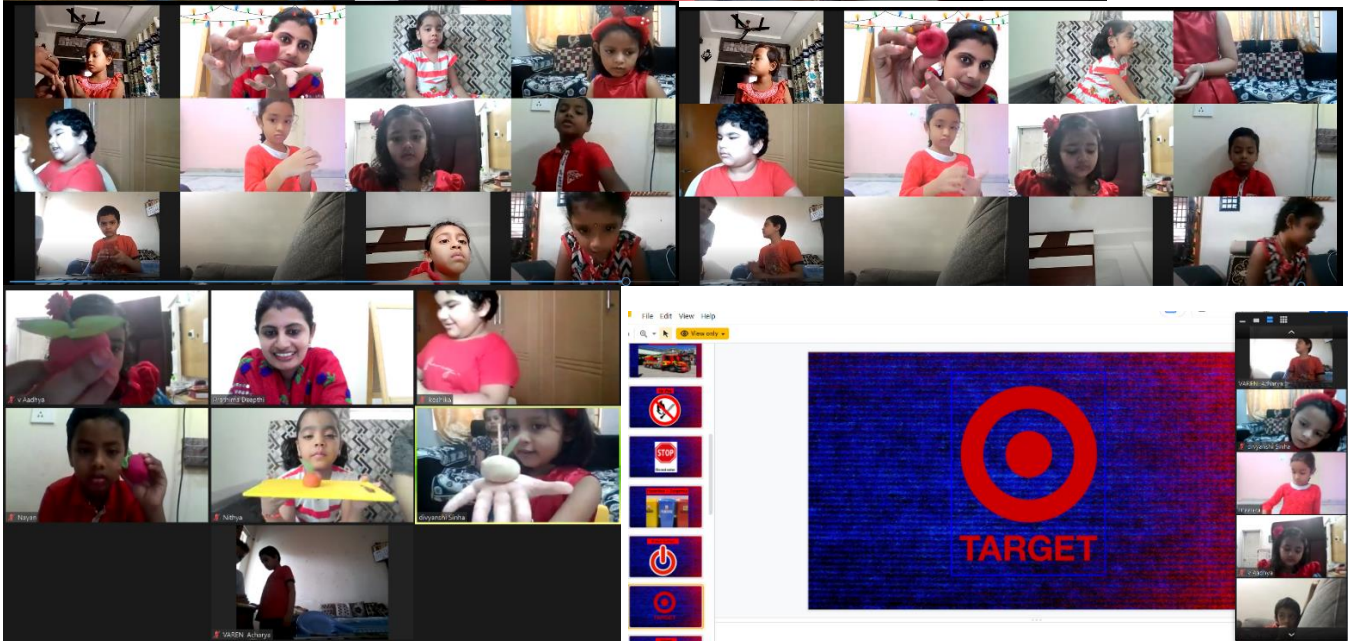
‘Red’ colour symbolizes enthusiasm, life and vitality. The motive of the celebration is to make children think logically and anticipate rationally.

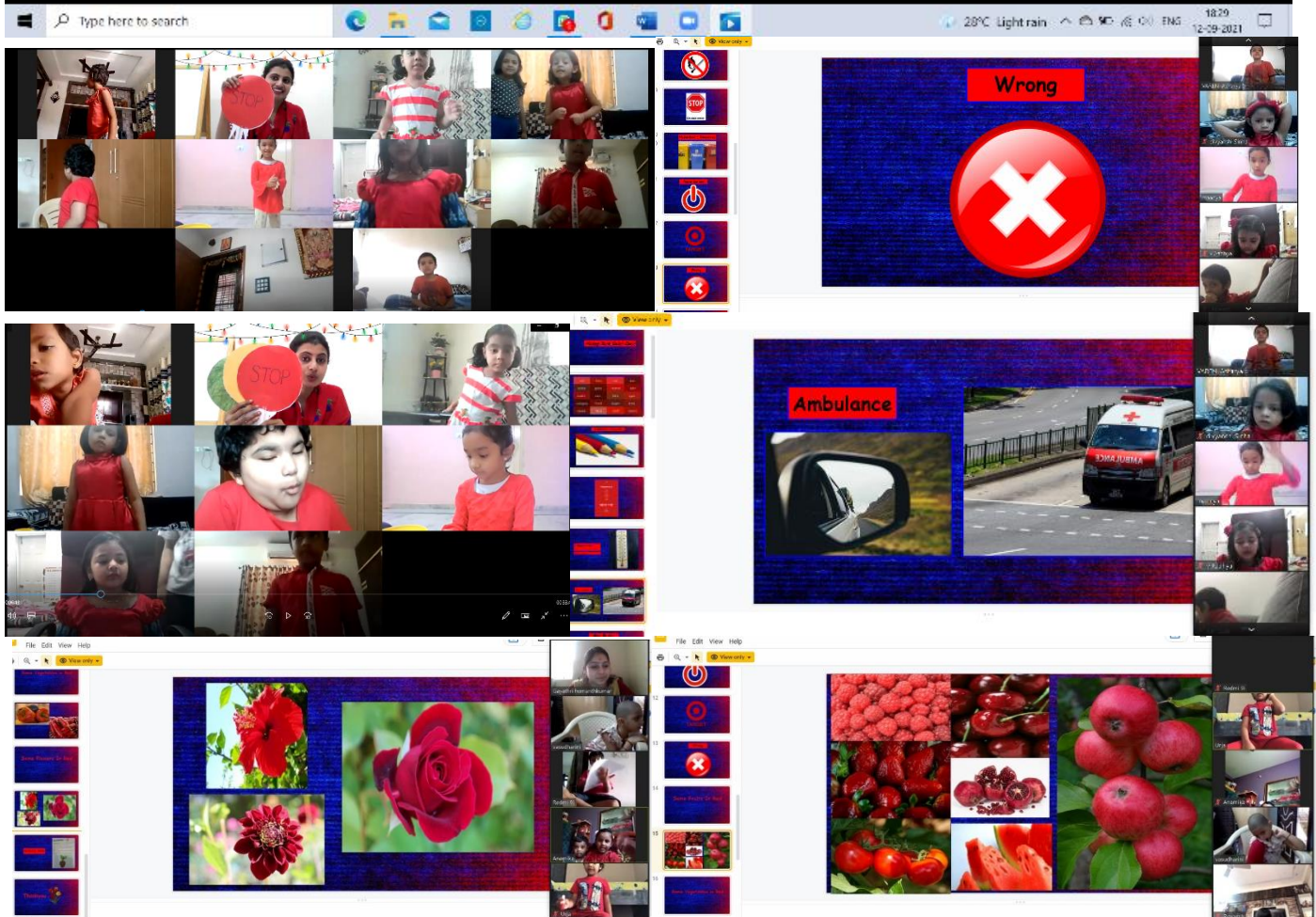
The tiny tots looked stunning in their red outfits. The young ones sang Red Day song “RED is a wonderful colour...”

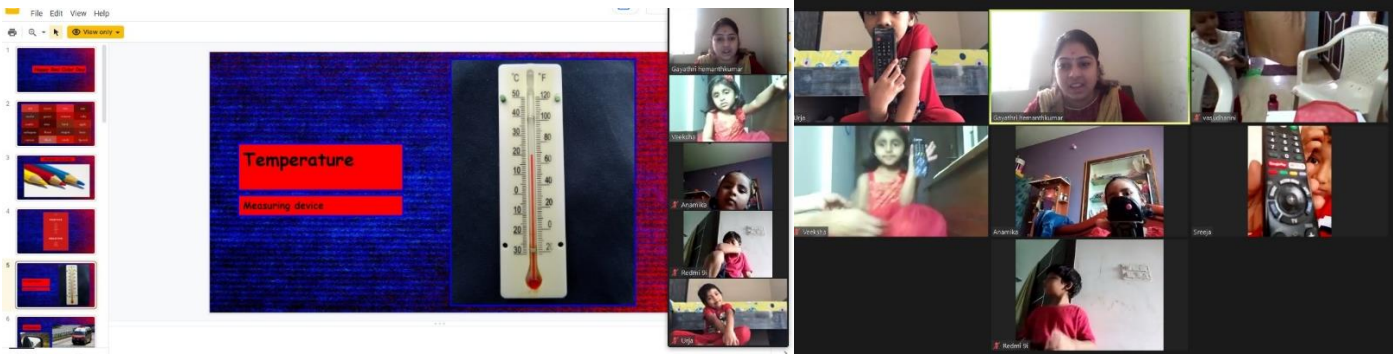
“Knowledge is of no value unless you put it into practice”, said Anton Chekhov. AVN teachers make sure the students put the gained knowledge into practice through various activities right from the beginning of their education.

Teachers discussed the theme with attractive PPT and linked it to all subjects and things around them. Students actively participated in all the activities with dough and red colour papers conducted during the session.











Virtual field trip to Gymnastic

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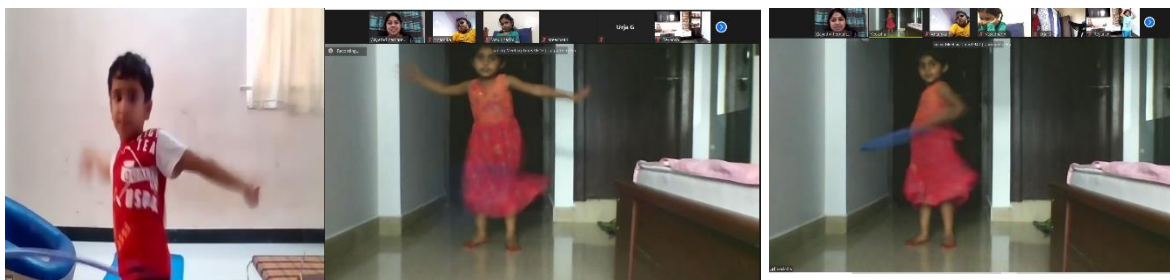
Grade: PP1

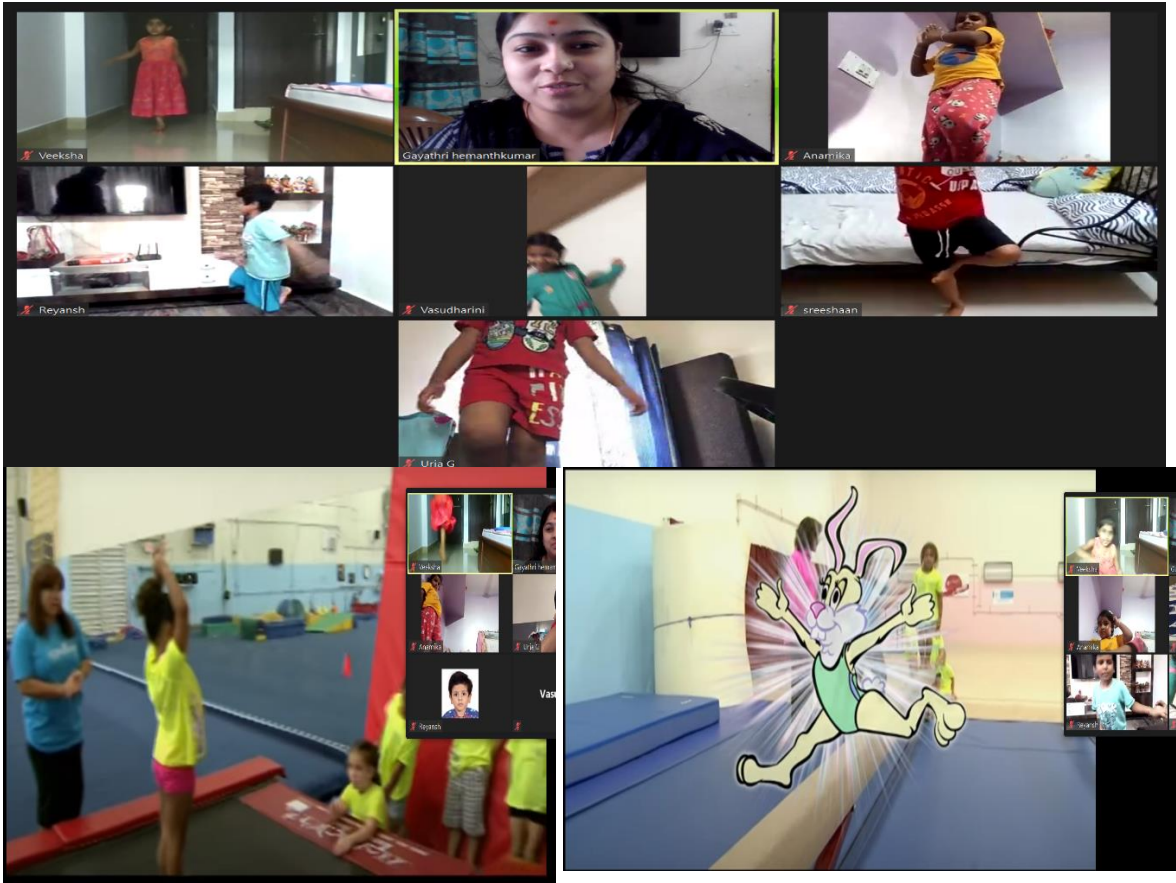
Gymnastics is a sport which involves doing exercises which need strength, flexibility, balance and control. This may include running, jumping, tumbling, somersaulting, flipping and balancing.

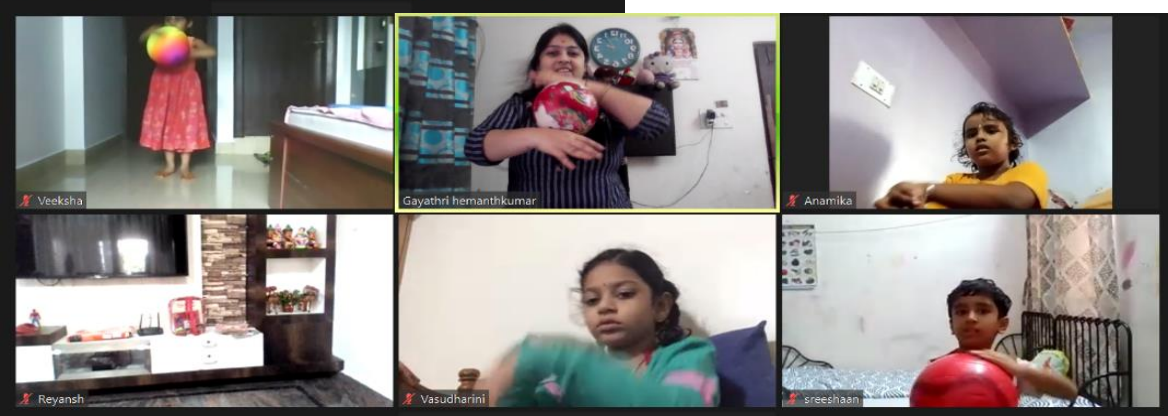
Gymnastics for kids enhances physical development. Providing an outlet for kids to develop skills like strength, flexibility, coordination, balance, and body control, all while laying a strong foundation for a healthy habit of physical fitness throughout a child's lifetime. It can help frame a routine for your child.

Kids of PP1 had a chance to express the way of flexibility how they are... this Virtual field trip made them to come out of the virtual bond and made an out-standing Gymnasium....

It helps to build confidence. Even toddler gymnastics can help to develop self-confidence and self-esteem early in childhood. It gives the child an opportunity to learn to love and value themselves just the way they are. As kids develop new gymnastics skills, they are activating rapid cognitive development through their understanding, application, proficiency and mastery of the skills.







Ganesh Chaturthi

Festivals build group cohesiveness. Festivals inform, educate, bring people together, break the monotony of routine and give us a chance to re-energize our body, mind, and spirit. Of all the festivals, Ganesh Chaturthi is the most colourful. Ganesh Chaturthi is a Hindu festival that marks the birthday of Lord Ganesha.

People believe that Lord Ganesha, the symbol of wisdom bestows his presence on Earth during this festival and remove their obstacles. With such belief, Pre-primary organised various activities on the auspicious occasion of Ganesh Chaturthi through virtual mode. The sole purpose of the celebration was to let the students stay rooted with Indian culture and to enable them to understand the significance of this festival.

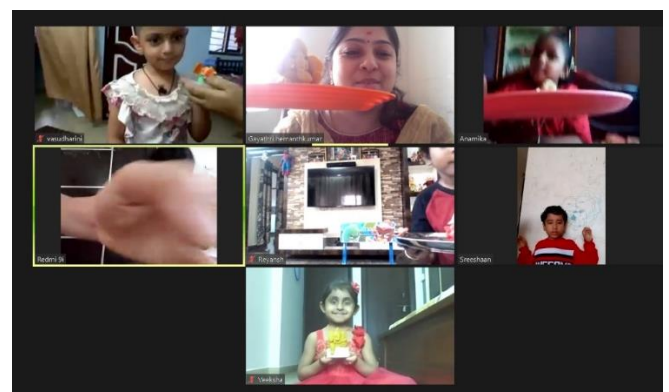
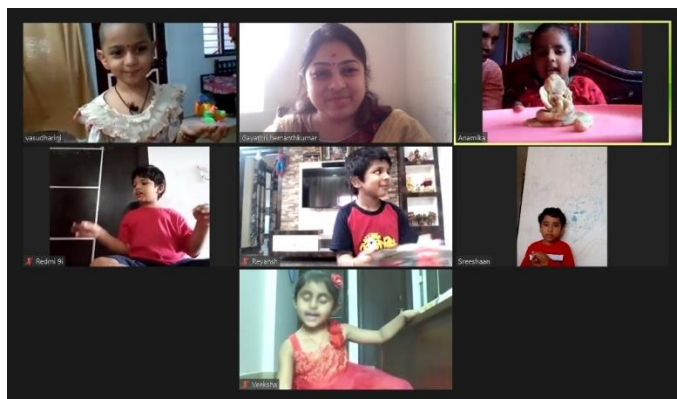
The celebrations began with a phenomenal Sloka recitation by the little blooming tiny kites. There was devotion, creativity and fun altogether. Then Kids were shown PPT on the story of Lord Ganesh Birthday.

The main aim is to promote eco-friendly practices during Ganapati pooja celebrations.

Celebrating the festival in an eco-friendly way can help avoid adverse effect on the environment. Eco-friendly Ganesh Festival help for preserving the city's water bodies and the environment.

Kids actively participated in making clay Ganesha. Involvement of the parents during the event added an additional josh to this event.









Grade I-X

SINGLE- USE OF PLASTIC

On 29th Sep, 2021 we had exciting interactive session to LEARN ABOUT SINGLE USE PLASTIC. The session was conducted by shraddha ma'am. We had the privilege of Principal ma'am, Brittolina ma'am and other teachers joining the session. The students of grade 4 and 5 attended this session.

Below was the agenda for the day

Introduction and welcome	Shraddha ma'am
Prayer	Saanvi Sri
What is plastic	Shraddha ma'am
Use in daily life	
Harmful effects of Plastic	
What should we do	

➤ **Introduction and Welcome**

Shraddha Mam welcomed all the participants, introduced the topic and shared the overall agenda for the topic.

➤ **Prayer Song**

Saanvi Sri from Grade 5 sang the School prayer song

What is Plastic?

Plastic is a
synthetic
polymer.

Malleable,
Lightweight,
Transparent
and
unbreakable.

Invented in
1885

Single use plastic
is the plastic that
is thrown after it
is used once



Why Plastic is used??

Owing to its light weight and easy to carry capabilities, plastic became part and parcel of our day to day activities - milk packing, carrying groceries, vegetables, water cups, bottles etc.

Using right is bright

Misusing will make it fright



Harmful Effects of Plastic?

Shraddha Ma'am explained in detail the harmful effects of Plastic and gave statistics on how it is indiscriminately used.

Owing to its unlimited and indiscriminate usage, Plastic became a big monster threatening our mother earth and making life unsustainable. Shraddha Ma'am explained in detail how plastic is harming living beings, soil, oceans etc. Here are certain facts on how bad the impact of plastic.



- Plastics are not biodegradable and hence takes 1000 years to get decomposed finding its way to soil and water
- Every year the world produces 400 million tons of

plastic.

- Out of this 50% of plastic is single use plastic
- 1 Million plastic bags end in trash every minute across the world
- 1 in 3 fish caught for human consumption has plastic
- 8 million pieces of plastic find its way to oceans every year
- The animals and living organisms feeding on polluted soil, water end up getting microplastic into the body and impacting their health and well being

So, as you can See in the below pictures, animas are dying because the food they eat is mixed with plastic.

➤ What should we do?

Using Plastic is very drastic, avoid it and it will make your life fantastic

Adopt the 6 R's mantras

- ✚ Refuse
- ✚ Rethink
- ✚ Reduce
- ✚ Reuse
- ✚ Recycle
- ✚ Refine

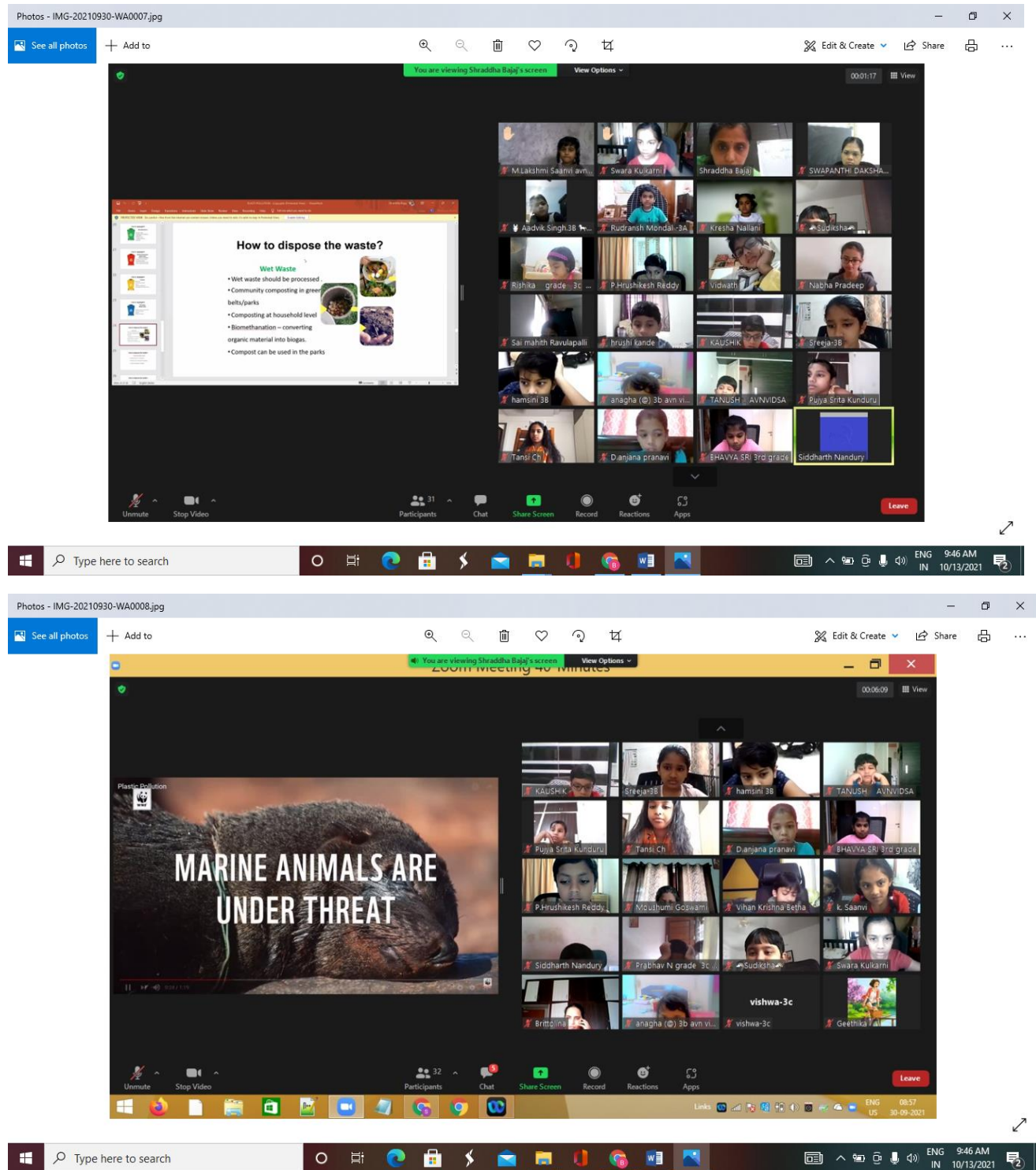


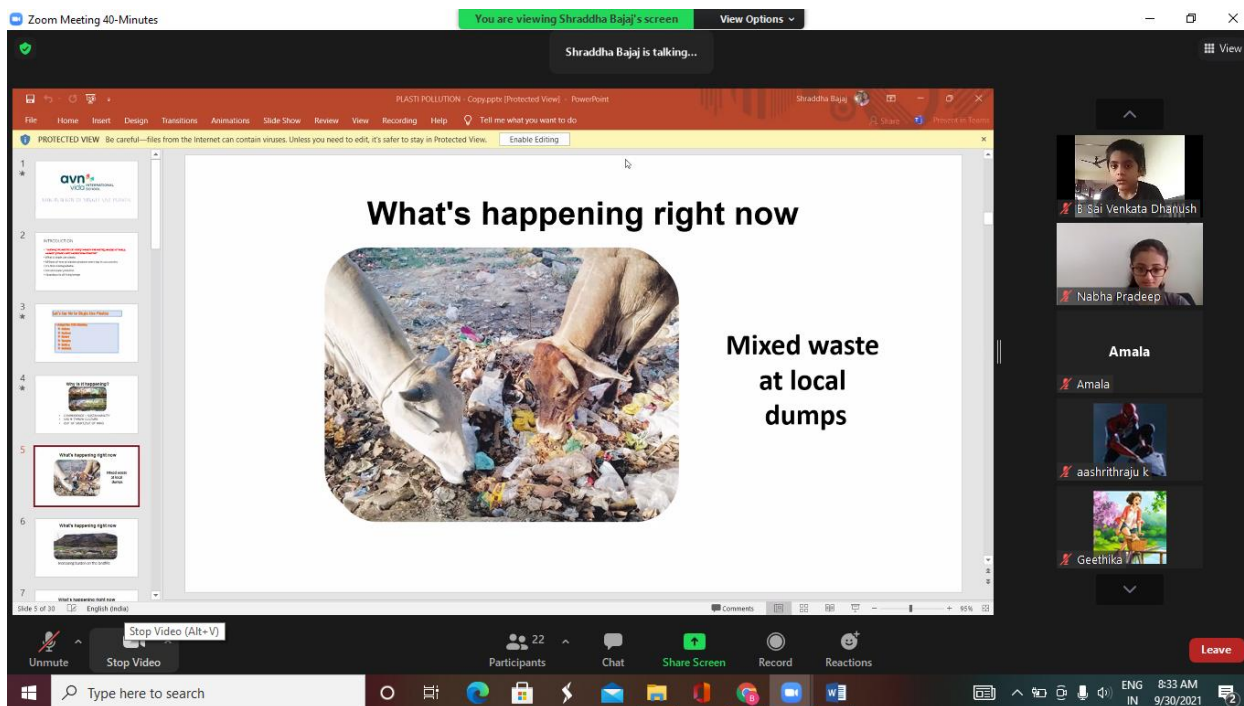
LET'S SAY NO TO SINGLE USE PLASTICS

Shraddha Ma'am walked through a video on plastic pollution. It was very informative and educational

Here is the link on the video. [Plastic Pollution - YouTube](#)

Finally, Shraddha Ma'am shared google form to check the understanding on the subject. Overall, it was a fantastic 1 hour educational and highly interactive session. Looking forward for many more sessions.





Rashtriya Poshan Maah

POSHAN Abhiyan (National Nutrition Mission) was launched by the Hon'ble Prime Minister on 8th March, 2018. The Programme strives to reduce the level of stunting, under – nutrition, low birth weight in children and anemia in adolescent girls, pregnant women, lactating mothers as well as children. This is an ongoing programme.


The entire month of September, 2021 was celebrated as “Nutrition Month / PoshanMaah” in AVN Vida School. To spread awareness among the students short speech was given in the morning assembly 29th and 30th September by the Ms. Divya, our science faculty and the students on the topics like under nutrition, anemia among children, untimely eating, etc.

The teacher briefed about the balanced diet, healthy food habits, hand-wash, nutritious food, etc. This Poshan Maah was celebrated with the aim of combating malnutrition through information on health and nutrition.

A wonderful session was conducted for the parents to give them the awareness about mal nutrition and the role in enlightening healthy food habits among their children.

You are viewing divs k's screen
Remaining Meeting Time: 03:37

View Options




Participants: 20

Unmute Stop Video Chat Share Screen Record Reactions Apps

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Participants: Nandika 2A, Hansvi 2A, Divnesh, Cheniboina, Aarnav sr..., Tanvi 2C, Kanishk, Pranisha Sharma, Durgeshwar 2A, Vansh GRADE2A, Havish2A, Hima Bindu, Namish Reddy 2b, Yakshith Gupth..., Hamsika 2C, Yakshith Guptha Neela, Hamsika 2C, Brittolina Justin

Remaining Meeting Time: 03:33



World Health Organization

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Participants: 19

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Participants: divs k, Silky Maringanti, Abhiram 2A, Hatanish2bavn, Ruthvi, Nandika 2A, Hansvi 2A, Divnesh, Cheniboina, Aarnav sr..., Tanvi 2C, Kanishk, Pranisha Sharma, Durgeshwar 2A, Vansh GRADE2A, Havish2A

Vitamin	Diseases and their symptoms	Available from
A (Retinol)	poor vision, night-blindness	spinach, carrots, butter, mangoes
B ₁ (Thiamine)	extreme weakness, beri-beri	eggs, meat, yeast
B ₂ (Riboflavin)	retarded growth, bad skin	green leafy vegetables, beans, peas, milk
B ₁₂ (Cyanocobalamin)	anaemia	non-vegetarian food like meat
C (Ascorbic acid)	scurvy, swollen gums, loose teeth	lime, lemon, oranges
D (Calciferol)	rickets, brittle bones in children which break or bend easily	milk, fish, liver oil
K (Phylloquinone)	excessive bleeding due to injury	green leafy vegetables
Diseases Caused due to Deficiency of Minerals		
Name of minerals	Diseases and their symptoms	Available from
Calcium	brittle bones, excessive bleeding, bad muscular movement	milk, green leafy vegetables
Phosphorus	bad teeth and bones	pulses, cereals, milk
Iron	anaemia, lack of red blood cells	green vegetables, pulses, meat
Iodine	goitre, enlarged thyroid gland	fish, salt from sea water
Copper	low appetite, retarded growth	pulses and leafy vegetables

